

sasfin

Wealth

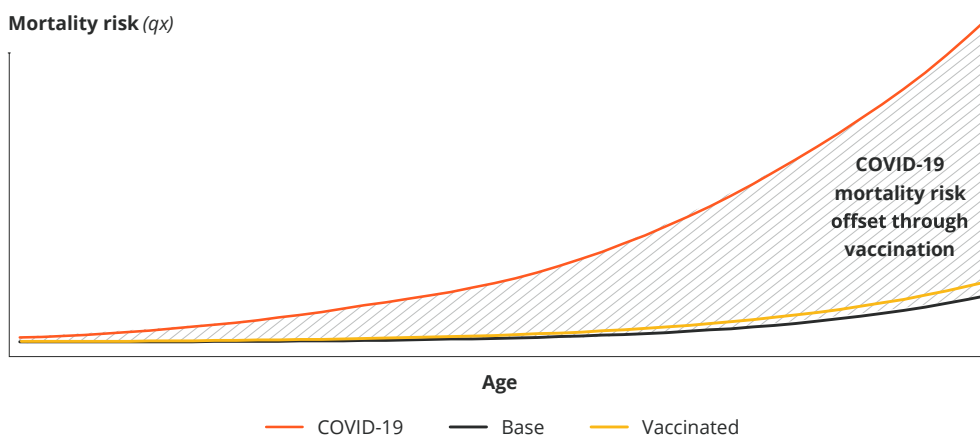
Discovery Vitality 2022



Get vaccinated in 2021 and earn 2 500 Vitality points!

Vitality has access to lifestyle data that has enabled the identification of various risk factors that are associated with Covid-19 which includes demographic, health and lifestyle considerations. Their stats have shown that members who engage regularly in healthy living behaviours, encompassed by the Vitality programmed, have a higher resilience to Covid-19 infection. More recently, global clinical trials support the latest Discovery data which affirms the fact that mortality risk can be offset almost entirely through vaccination (see graph below). To recognise such an important action that an individual can take in reducing the COVID-19 risk, Vitality will award 2500 points to members who have been fully vaccinated in 2021.

Vaccination offsets COVID-19 mortality risk



Vitality's updated product range for 2022

Across the range of Vitality's above represented science-based behavioral change programmes, we have included below a brief overview of the foremost improvements being introduced and enhanced for 2022. Many of the new benefits and enhancements have been integrated with Discovery Bank – for this reason a Discovery Bank account is needed to unlock Vitality's full benefits and rewards in 2022.

Pay as you Gym:

Members can gym at any one of the 150 Virgin Active or Planet network gyms, on a pay-per visit basis without the commitment of a long-term contract, through the Discovery Pay Account functionality.



Pay as little as R75 per visit and when activating the Discovery Pay Account on the Discovery Bank app, you will get 3 free gym visits per partner!

Vitality Active 3.0:



Vitality Active members will enjoy the following new benefits :

HealthyFood - up to 20% back on HealthyFood items at Woolworths & Pick n Pay

Pay as you Gym - explained above

Fitness Devices - can be fully funded on a flexible month-to-month basis and can be exchanged, upgraded or cancelled with no penalties, subject to a months' notice.

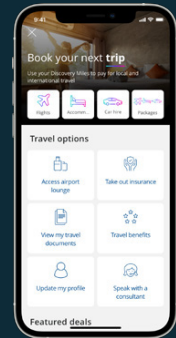
Special Offers 2021 / 2022

Vitality Healthy Baby Rewards – has been enhanced with the addition of Baby City as a new partner, with members being able to save 50% on certain baby items (continues to include Babies R us, Toys R us, Clicks and Dis-Chem) .

Get Social – an initiative whereby members will be able to share progress and achievements on social media, create teams and by achieving team goal be rewarded. Summer Shake-up Campaign: In November and December you can earn R250 rewards to spend at Sportsmans Warehouse or TotalSports.

Vitality Travel:

Vitality clients can package their entire holiday accommodation and airline travel by booking through the new Vitality Travel platform, on Discovery Bank app or website.



Travel discounts are available to Vitality Health members across a wide range of airline and accommodation partners.

Quit smoking with Quit Genius:



Benefit from a 80% discount on subscription to this digital programme, which combines virtual behavioural therapy with personalised coaching and tracking.

Allen Carr's Easy Way to Stop Smoking and Go Smoke Free are still available.

Additional Vitality Enhancements

- ✓ When activating a new Vitality policy, you will enjoy 3 months free membership.
- ✓ No activation fees or monthly gym fees until end December 2021 when Vitality members join Virgin Active or Planet Fitness.
- ✓ All Vitality members will get 3 complimentary gym visits in 2021 when activating Discovery Pay.

To access the full details of these benefits, [click here](#).

Your healthcare team

Need help or advice? Our in-house team guarantees you access to a consultant from Monday to Friday during normal working hours. Get in touch with us today:

Email: healthcare@sasfin.com
Telephone: +27 11 531 9134 | +27 11 809 7714
Office hours: 08h00 - 16h00

sasfin.com

Disclaimer

This member communication is a summary of the changes announced by the Medical Scheme and is not a replacement for the official benefit brochures and/or Scheme rules when making any decision on retaining or changing your current Scheme plan for the new benefit year.

While all reasonable care has been taken in compiling this communication, we are reliant on information provided by the Medical Scheme and other product suppliers. Consequently, we do not accept any liability for any errors or omissions that may have arisen. Please note that Medical Scheme changes are also subject to approval by the Council for Medical Schemes prior to implementation. Sasfin Health will keep you informed of further information or other changes that we become aware of.